

The Secret Combination to Middle School: Real Advice from Real Kids

Middle school can be a tough time. You're not a kid anymore, but you're not quite an adult yet. You're trying to figure out who you are and where you fit in. And you're dealing with all sorts of new challenges, from homework to bullies to hormones.



The Secret Combination to Middle School; Real Advice from Real Kids, Ideas for Success, and Much More!

by Marrae Kimball

★★★★☆ 4.4 out of 5

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But don't worry, you're not alone. Millions of kids have gone through middle school before you. And they've all learned a thing or two about how to survive and thrive.

Here's some advice from real kids who have been there:

1. Be yourself

It's tempting to try to fit in by being someone you're not. But trust me, it's not worth it. People can tell when you're being fake, and they'll respect you more if you just be yourself.

2. Find your people

Not everyone is going to get you. But there are people out there who will. Find your tribe and stick with them. They'll make middle school a lot more fun.

3. Get involved

One of the best ways to make friends and feel connected is to get involved in extracurricular activities. There are clubs and sports for every interest, so you're sure to find something you love.

4. Don't be afraid to ask for help

If you're struggling with something, don't be afraid to ask for help. There are teachers, counselors, and parents who are there to support you. They can help you with everything from homework to bullying.

5. Don't give up

Middle school can be tough, but it's not impossible. If you stay positive and keep working hard, you'll get through it. And you'll come out the other side stronger than ever.

Here are some additional tips from real kids:

- Find a teacher or counselor you can talk to if you're feeling overwhelmed.

- Join a club or sport to meet new people and make friends.
- Get involved in extracurricular activities to stay busy and have fun.
- Don't be afraid to ask for help from your parents, teachers, or friends.
- Remember that everyone goes through middle school. You're not alone.

Middle school can be a challenging time, but it's also an exciting time. It's a time to learn and grow and make new friends. So embrace the journey and make the most of it.



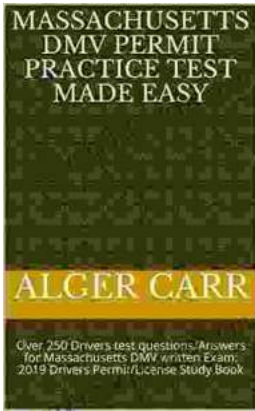
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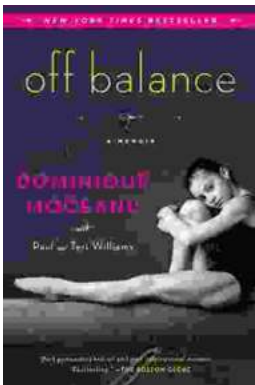
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