The Lost Art Of Putting: Introducing The Six Putting Performance Principles (The Lost Art Of Golf 1)

Putting

Putting is the most important part of golf. It accounts for over 40% of all strokes taken, and it can be the difference between winning and losing a tournament. Many golfers spend countless hours practicing their drives and irons, but they neglect their putting practice. This is a mistake. If you want to improve your golf score, you need to focus on your putting.

There are six key principles that every good putter follows. These principles are:



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by Gary Nicol		
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Word Wise	: Enabled	
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- 1. Grip
- 2. Stance
- 3. Alignment
- 4. Stroke
- 5. Green Reading
- 6. Speed Control

Grip

The grip is the foundation of your putting stroke. It is important to find a grip that is comfortable and that allows you to control the clubface. There are many different ways to grip a putter, so experiment until you find one that works for you.

Stance

Your stance is also important for putting. You want to stand with your feet shoulder-width apart and your knees slightly bent. Your weight should be evenly distributed on both feet. Your back should be straight and your head should be down.

Alignment

Alignment is critical for putting. You want to make sure that your clubface is square to the target line. To do this, you need to line up your shoulders, your hips, and your feet. You can use a laser pointer or a string to help you with your alignment.

Stroke

The stroke is the most important part of putting. You want to make a smooth, fluid stroke that starts at the top of the backswing and finishes at the bottom of the follow-through. Keep your head down and your eyes on the ball throughout the stroke.

Green Reading

Green reading is the ability to read the break of the green. This is a skill that takes time and practice to develop. However, it is essential for making putts from long distances. To read a green, you need to look at the slope of the green and the direction of the grain.

Speed Control

Speed control is the ability to hit the ball with the right amount of speed. This is a skill that is also important for making putts from long distances. To control your speed, you need to practice hitting putts from different distances.

The Lost Art Of Golf

Putting is a lost art in golf. Many golfers focus more on their drives and irons than they do on their putting. This is a mistake. If you want to improve your golf score, you need to focus on your putting.

The six putting performance principles are the key to putting success. By following these principles, you can improve your putting accuracy,

consistency, and speed control. With practice, you can become a better putter and lower your golf score.

Putting is the most important part of golf. By following the six putting performance principles, you can improve your putting accuracy, consistency, and speed control. With practice, you can become a better putter and lower your golf score.

Additional Resources

How to Improve Your Putting

by Gary Nicol

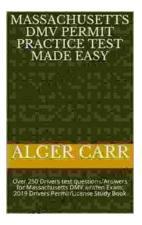
- <u>The Six Putting Performance Principles</u>
- The Lost Art of Golf



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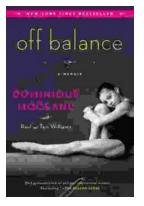
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