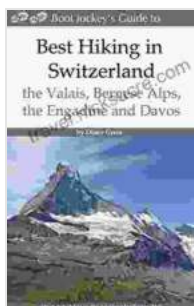


# Over 100 Hikes In The Spectacular Swiss Alps

The Swiss Alps are a hiker's paradise. With over 100 trails to choose from, there's sure to be a hike that's perfect for your fitness level and interests. Whether you're looking for a challenging day hike or a leisurely stroll through the mountains, you'll find it in the Swiss Alps.



## Best Hiking in Switzerland in the Valais, Bernese Alps, the Engadine and Davos: Over 100 Hikes in the Spectacular Swiss Alps by Bob Larson

★★★★☆ 4.3 out of 5

Language	: English
File size	: 16981 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 850 pages
Lending	: Enabled



### Here are a few of the most popular hikes in the Swiss Alps:

- **The Eiger Trail:** This challenging hike takes you past the north face of the Eiger, one of the most iconic mountains in the Alps. The trail is well-maintained, but it's not for the faint of heart. The round-trip hike is approximately 10 miles and takes about 6-8 hours to complete.
- **The Jungfrauoch Trail:** This is one of the most popular hikes in the Swiss Alps, and for good reason. The trail takes you to the Jungfrauoch, the highest railway station in Europe. The views from the

top are simply stunning. The round-trip hike is approximately 12 miles and takes about 6-8 hours to complete.

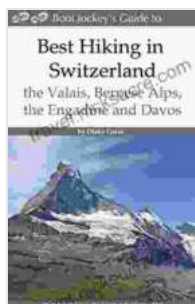
- **The Aletsch Glacier Trail:** This hike takes you through the Aletsch Glacier, the largest glacier in the Alps. The trail is relatively easy to follow, and the views are incredible. The round-trip hike is approximately 10 miles and takes about 4-6 hours to complete.
- **The Gornergrat Trail:** This hike takes you to the Gornergrat, a mountain peak with panoramic views of the Matterhorn and the surrounding mountains. The trail is well-maintained and relatively easy to follow. The round-trip hike is approximately 6 miles and takes about 3-4 hours to complete.
- **The Schilthorn Trail:** This hike takes you to the Schilthorn, a mountain peak with 360-degree views of the Alps. The trail is challenging, but the views from the top are worth it. The round-trip hike is approximately 12 miles and takes about 6-8 hours to complete.

### **Tips for hiking in the Swiss Alps**

- **Be prepared for all types of weather.** The weather in the Swiss Alps can change quickly, so it's important to be prepared for rain, snow, and sun. Wear layers of clothing so you can adjust to the changing conditions.
- **Bring plenty of water.** You'll need to stay hydrated while hiking in the mountains. Bring a water bottle or two, and fill up at streams and fountains along the way.
- **Wear comfortable shoes.** You'll be doing a lot of walking, so it's important to wear comfortable shoes. Hiking boots are the best choice, but sneakers will also work if you're not hiking on a challenging trail.

- **Be aware of your surroundings.** The Swiss Alps are home to a variety of wildlife, including bears, deer, and marmots. Be aware of your surroundings and make noise while hiking to avoid surprising any animals.
- **Stay on the trails.** The Swiss Alps are a protected area, so it's important to stay on the designated trails. This will help to protect the environment and prevent erosion.

The Swiss Alps are a hiker's paradise. With over 100 trails to choose from, there's sure to be a hike that's perfect for your fitness level and interests. Just be sure to follow the tips above to ensure a safe and enjoyable hike.



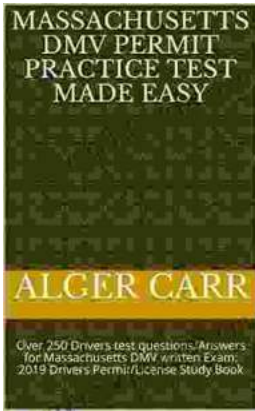
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