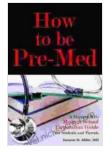
# Harvard Medical School Preparation Guide: A Comprehensive Guide for Students and Parents



Harvard Medical School (HMS) is one of the most prestigious medical schools in the world, consistently ranked among the top 5 in U.S. News & World Report's annual rankings. Getting into HMS is extremely competitive, with an acceptance rate of around 3.4%. However, with careful planning and preparation, students can significantly increase their chances of admission.

How to be Pre-Med: A Harvard MD's Medical School Preparation Guide for Students and Parents



by Suzanne M. Miller

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This comprehensive guide will provide students and parents with all the information they need to know about preparing for HMS, including:

\* Academic requirements \* Extracurricular activities \* Personal statement \* Interviews \* Financial aid \* Resources for students and parents

#### **Academic Requirements**

HMS has high academic standards, and applicants should have a strong academic record. The admissions committee will look for students who have excelled in their coursework, particularly in science and math.

The following are the minimum academic requirements for HMS:

\* A bachelor's degree from an accredited college or university \* A minimum overall GPA of 3.5 \* A minimum science GPA of 3.5 \* Completion of the following prerequisite courses: \* Biology \* Chemistry \* Organic chemistry \* Biochemistry \* Physics \* Math (calculus) \* English In addition to these minimum requirements, HMS also considers the following factors when evaluating applications:

\* Research experience \* Clinical experience \* Volunteer work \* Leadership experience \* Letters of recommendation

#### **Extracurricular Activities**

HMS values students who are well-rounded and have a variety of interests. The admissions committee will look for students who have been involved in extracurricular activities that demonstrate their leadership, teamwork, and commitment to service.

Some of the extracurricular activities that HMS admissions officers look for include:

\* Volunteer work \* Research experience \* Clinical experience \* Leadership positions \* Musical or artistic activities \* Sports \* Travel

#### **Personal Statement**

The personal statement is a critical part of the HMS application. It is an opportunity for students to share their story and explain why they want to become a doctor. The personal statement should be well-written and should demonstrate the student's passion for medicine, their intellectual curiosity, and their commitment to serving others.

Here are some tips for writing a strong personal statement:

\* Start by brainstorming your ideas and identifying the main themes you want to discuss. \* Make a list of your accomplishments and experiences

that are relevant to medicine. \* Write a draft of your personal statement and get feedback from trusted friends, family members, or mentors. \* Revise and edit your personal statement until it is polished and error-free.

#### Interviews

Interviews are an important part of the HMS admissions process. They give the admissions committee an opportunity to meet students in person and assess their interpersonal skills, communication skills, and critical thinking skills.

HMS interviews are typically conducted by a panel of two or three interviewers, including a faculty member, a current student, and a member of the admissions staff. Interviews usually last for about 30 minutes and cover a range of topics, including:

\* The student's academic background and research experience \* The student's clinical experience \* The student's extracurricular activities \* The student's personal statement \* The student's reasons for wanting to become a doctor

#### **Financial Aid**

HMS offers a variety of financial aid programs to help students pay for their education. These programs include:

\* Scholarships \* Grants \* Loans \* Work-study programs

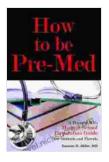
Students who are awarded financial aid must meet certain eligibility requirements, such as having a strong academic record and demonstrating financial need.

#### **Resources for Students and Parents**

There are a number of resources available to students and parents who are interested in learning more about HMS and the admissions process. These resources include:

\* The HMS website: https://hms.harvard.edu/ \* The HMS Admissions Office: https://hms.harvard.edu/admissions/ \* The Harvard College Pre-Professional Advising Office: https://ppao.fas.harvard.edu/ \* The American Association of Medical Colleges (AAMC): https://www.aamc.org/

Getting into Harvard Medical School is a competitive process, but it is also achievable with careful planning and preparation. By following the advice in this guide, students can significantly increase their chances of admission.

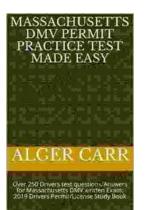


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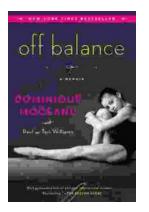
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