

Essential Spanish Terms and Phrases for Healthcare Providers: A Comprehensive Guide

In today's diverse society, healthcare providers often encounter patients who do not speak English as their primary language. For effective communication and quality patient care, it is essential for healthcare professionals to possess a basic understanding of Spanish, the most widely spoken language in the world. This comprehensive guide provides an extensive glossary of essential Spanish terms and phrases tailored specifically for healthcare providers, enabling them to navigate language barriers and build strong patient relationships.

Glossary of Essential Spanish Terms and Phrases

General Terms

FUNCTIONALLY FLUENT!™

Spanish-for-Your-Job Series

SPANISH

FOR MEDICAL PROFESSIONALS

Nurses, doctors, and medical pros. DO more in Spanish for patients, co-workers, and others!

by Diana María Gruber



- Interact with patients in Spanish
- Learn practical, everyday medical vocabulary
- Do and say much more in Spanish!



Spanish for Medical Professionals: Essential Spanish Terms and Phrases for Healthcare Providers

by My Daily Spanish

★★★★☆ 4.5 out of 5

Language : English

File size : 8918 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled
Print length : 456 pages
Lending : Enabled

FREE

DOWNLOAD E-BOOK



Doctor



Enfermera/o

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses including NPs, LVNs, LPNs and MAAs, medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Paciente

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses including NPs, LVNs, LPNs and MAAs, medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Hospital

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses including NPs, LVNs, LPNs and MAAs, medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE AUDIO DOWNLOAD! LEARN CORRECT PRONUNCIATION WITH DOWNLOADABLE AUDIO FILES.

MY DAILY SPANISH

Clínica

Medical History

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses including NPs, LVNs, LPNs and MAAs, medical assistants, lab technicians, and ancillary medical staff.
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE AUDIO DOWNLOAD! LEARN CORRECT PRONUNCIATION WITH DOWNLOADABLE AUDIO FILES.

MY DAILY SPANISH

Alergias

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Medicamentos

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE AUDIO DOWNLOAD! LEARN CORRECT PRONUNCIATION WITH DOWNLOADABLE AUDIO FILES.

MY DAILY SPANISH

Enfermedades anteriores

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Historia familiar

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE AUDIO DOWNLOAD! LEARN CORRECT PRONUNCIATION WITH DOWNLOADABLE AUDIO FILES.

MY DAILY SPANISH

Historia social
Symptoms

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Dolor

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and ancillary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

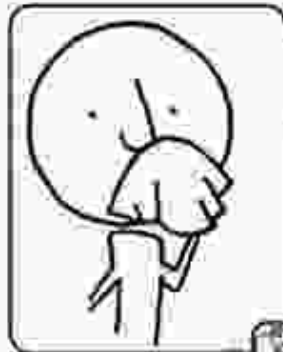
FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Fiebre

¡Para la propagación de gérmenes que lo enferman a usted y a otras personas!

Cubra su tos



Cubre tu boca y
nariz con un
codo o estornudo
o

tos o estornudo en la
manga de tu camisa,
no en tus manos.



Desecha el pañuelo
usado en el bote.



Quizás te pidan ponerse una
mascarilla quirúrgica para
proteger a otras personas.



Lávese las manos

después de toser o estornudar



Lávate las manos con
jabón y agua tibia

limpiador con un
emparedor de alcohol
a 60% de alcohol



m DEPARTMENT
OF HEALTH

APIC

Tos

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH


Falta de aire

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physician assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAs), medical assistants, lab technicians, and ancillary medical staff
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English
- Spanish and English audio versions to boost your listening and pronunciation skills

FREE AUDIO DOWNLOAD! LEARN CORRECT PRONUNCIATION WITH DOWNLOADABLE AUDIO FILES.



MY DAILY SPANISH

The image is a promotional graphic for a Spanish for Medical Professionals course. It features a light green background with a dark blue footer. The title 'SPANISH FOR MEDICAL PROFESSIONALS' is in large, bold, white and blue letters. Below it, the subtitle 'Essential Spanish Terms and Phrases for Healthcare Providers' is in a smaller, dark blue font. A list of three bullet points describes the course content. A dark blue circular badge with white text offers a 'FREE AUDIO DOWNLOAD!'. The bottom section shows an illustration of hands using a laptop, tablet, and smartphone, with several colorful pill bottles floating above. The footer contains the text 'MY DAILY SPANISH'.

Náuseas

Examination and Diagnosis



Examen físico

Presión arterial alta

Lo que usted necesita saber



Usted tiene en sus manos la posibilidad de bajar su presión arterial y de vivir una vida sana y plena. La presión arterial alta, que también se llama hipertensión, puede ser signo de enfermedad del corazón, ataque cerebral, enfermedad renal y otros tipos.

Como reducir el sodio

La presión arterial (conteniendo menos de 140 mmHg) se reduce el sodio de sodio en las etiquetas de los alimentos. Consume hasta 2300 mg de sodio por día, es decir, menos de una cucharadita de sal. Lo mejor es consumir menos de 1500 mg por día.

La mayor parte del sodio que consumes proviene de alimentos que están en restaurantes. Usted se sorprenderá si descubrirá grandes cantidades que están presentes en el pan, los alimentos empaquetados, el queso, las carnes procesadas, los fiambres, las pizzas de papas fritas y los refrigerios salados.

Como leer la etiqueta de un alimento

1. Busque el tamaño de la porción y el número de porciones por envase. Este artículo tiene 1/2 taza y 2 porciones.
2. Busque la cantidad de sodio en mg. En este caso, una porción de 1/2 taza tiene 100 mg de sodio. La cantidad de la lata tiene 200 mg de sodio.



¿Qué significan los números de su presión arterial?

152 / 98

Sistólica (número superior)
Es el nivel de presión cuando el corazón se contrae bombeando la sangre hacia el cuerpo.

Diastólica (número inferior)
Es el nivel de presión cuando el corazón se relaja y la sangre se relaja.

Presión arterial	Sistólica	Diastólica
Normal	Menos de 120	Menos de 80
Presión alta	130 o más	80 o más
Presión alta muy alta	160 o más	100 o más

Ejemplo: 152 / 98 (sistólica / diastólica)

MAPA DE ACCIÓN: Coméntele siempre con su enfermero o médico si su presión sistólica es igual o superior a 180 o si su presión diastólica está por arriba de 110.

¿Porque las medidas que tomamos?

- Reduzca las etiquetas de los alimentos para reducir los niveles de sodio.
- Consume una cantidad de frutas y verduras frescas.
- Use hierbas y especias en vez de sal.
- Use agua para preparar los alimentos enlatados como las verduras, los frijoles y el maíz para evitar el líquido salado.
- Pasa complementos a los alimentos, agua, aceite y vinagre. Cuidado con el agua y el jugo que le sirven al servicio aparte.
- Elige alimentos que tengan un menor nivel de sodio (presión arterial) como los frijoles (sin salazón), los cereales sin sal y los productos lácteos con bajo contenido de sodio.

Presión arterial

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physician assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAs), medical assistants, lab technicians, and ancillary medical staff
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English
- Spanish and English audio versions to boost your listening and pronunciation skills



MY DAILY SPANISH

Temperatura

SPANISH FOR MEDICAL PROFESSIONALS

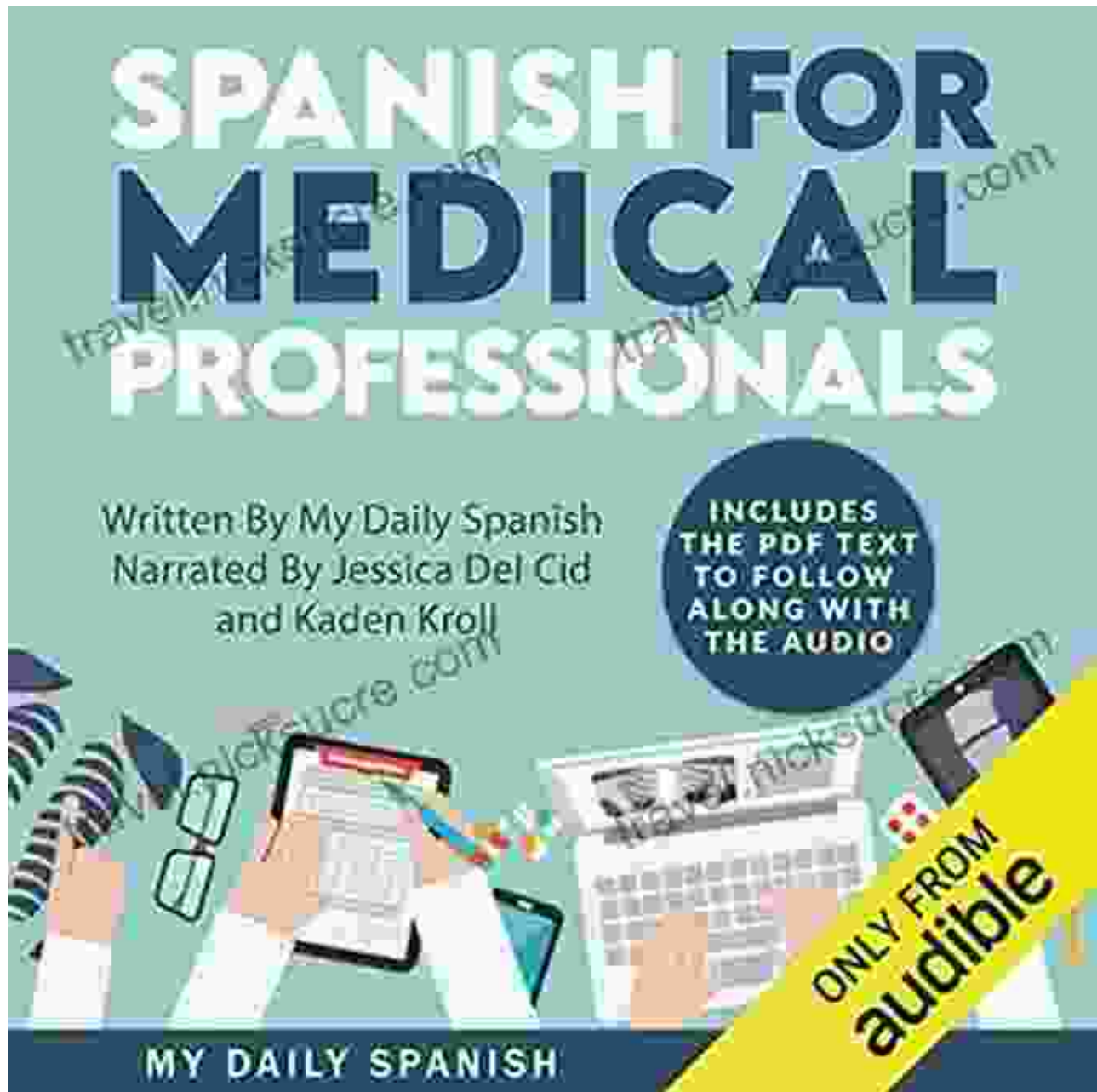
Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses including NPs, LVNs, LPNs and MAAs, medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary sets related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Diagnóstico



Tratamiento

Patient Instructions

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Tome sus medicamentos

SPANISH FOR MEDICAL PROFESSIONALS

Written By My Daily Spanish
Narrated By Jessica Del Cid
and Kaden Kroll

INCLUDES
THE PDF TEXT
TO FOLLOW
ALONG WITH
THE AUDIO



ONLY FROM
audible

MY DAILY SPANISH

Cita de seguimiento

Reasons to Call Your Provider



© Birth You Desire

Llame si sus síntomas empeoran

NO SMOKING



NO FUMAR

Evite fumar



Descanse mucho

Phrases for Building Rapport



Mucho gusto

SPANISH FOR MEDICAL PROFESSIONALS

Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

¿Cómo está?

SPANISH FOR MEDICAL PROFESSIONALS

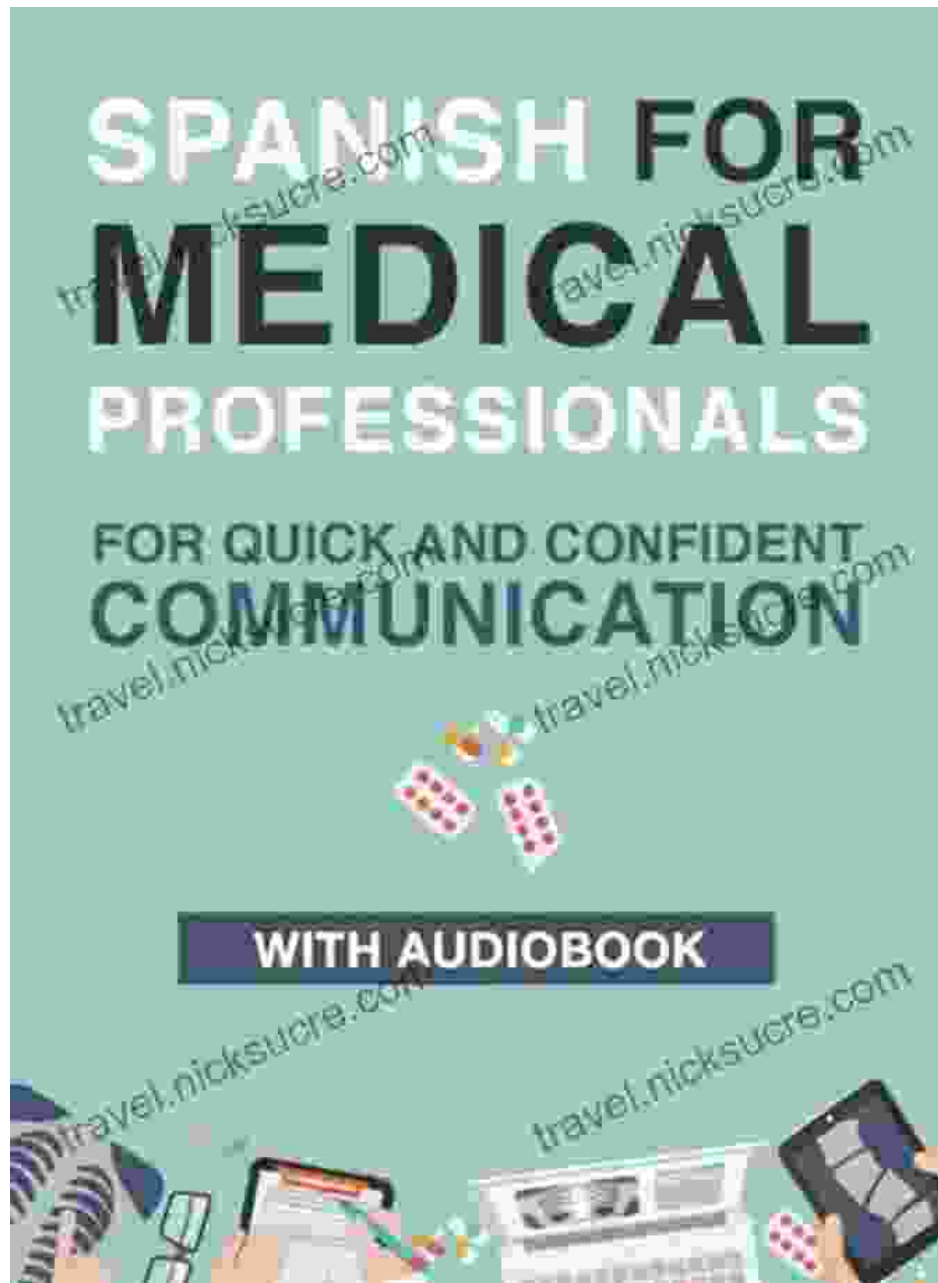
Essential Spanish Terms and Phrases for Healthcare Providers

- Specifically created for physicians, physical assistants, nurse practitioners, nurses (including NPs, LVNs, LPNs and MAAs), medical assistants, lab technicians, and auxiliary medical staff.
- Vocabulary lists related to real hospital and clinic scenarios with examples written in parallel Spanish-English.
- Spanish and English audio versions to boost your listening and pronunciation skills.

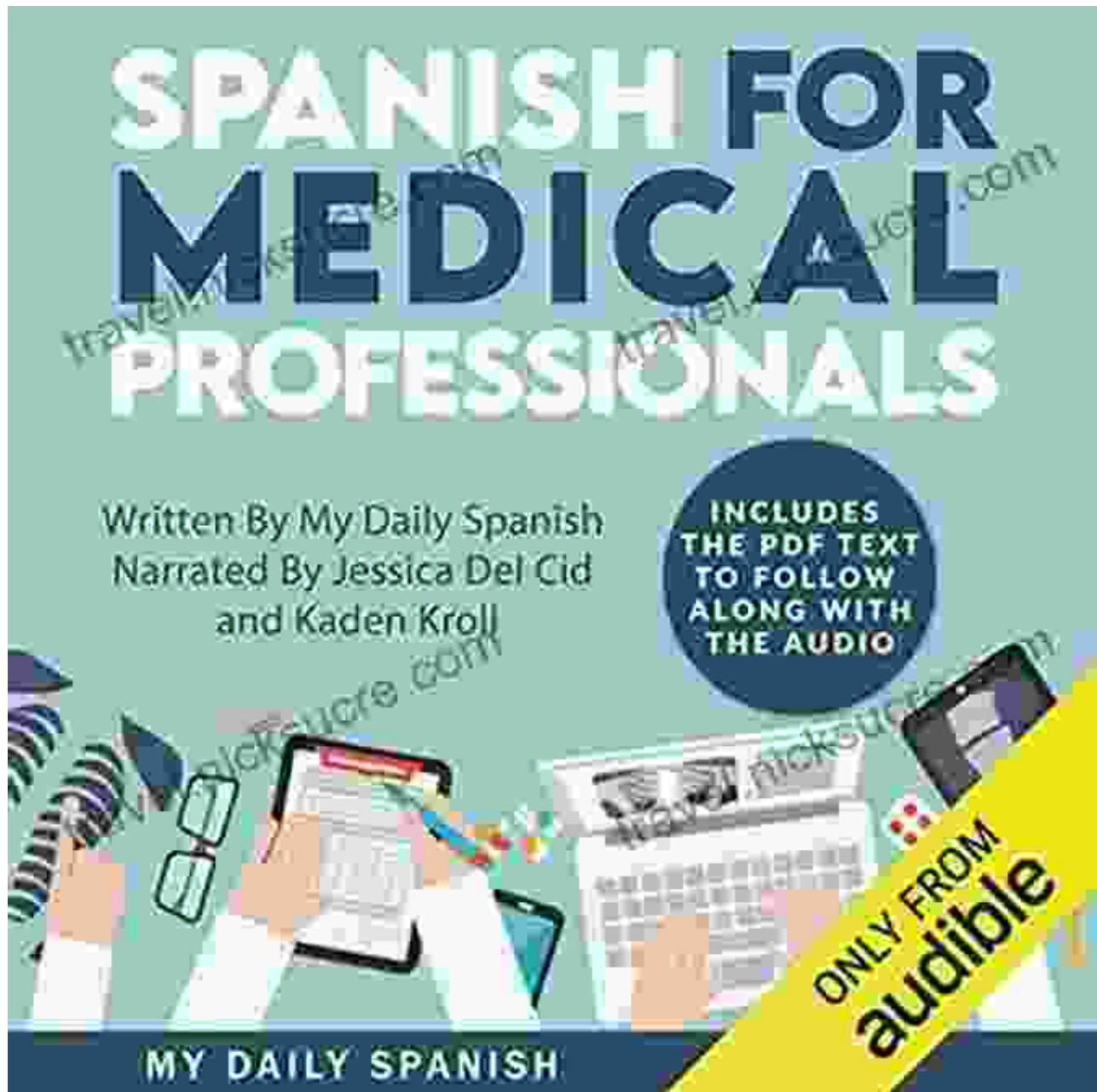
FREE
AUDIO
DOWNLOAD!
LEARN CORRECT
PRONUNCIATION
WITH
DOWNLOADABLE
AUDIO FILES.

MY DAILY SPANISH

Gracias



De nada



Perdón

Tips for Effective Communication

- **Speak slowly and clearly:** Enunciate your words and avoid using slang or technical jargon.
- **Use simple sentence structures:** Break down complex sentences into shorter, more manageable chunks.

- **Use visual aids:** Gestures, pictures, or written notes can enhance understanding.
- **Be patient and respectful:** Allow patients time to process information and express their concerns.
- **Find an interpreter if necessary:** If you encounter significant language barriers, consider using a certified medical interpreter.

By incorporating these essential Spanish terms and phrases into their communication, healthcare providers can establish a foundation for effective patient interactions. By bridging language barriers, they can provide comprehensive and culturally sensitive care, fostering trust and promoting patient health outcomes. Remember, language is a powerful tool that can empower healthcare professionals to connect with patients, build rapport, and deliver optimal care.



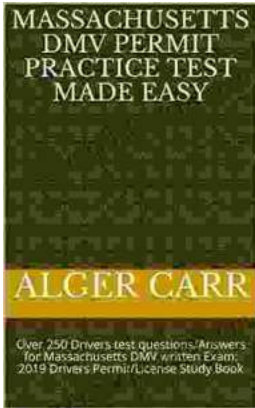
Spanish for Medical Professionals: Essential Spanish Terms and Phrases for Healthcare Providers

by My Daily Spanish

★★★★☆ 4.5 out of 5

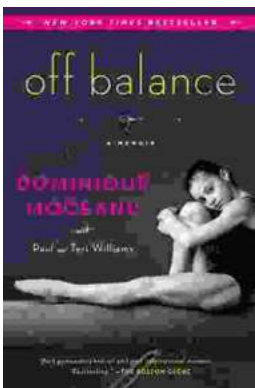
Language : English
 File size : 8918 KB
 Text-to-Speech : Enabled
 Screen Reader : Supported
 Enhanced typesetting : Enabled
 Print length : 456 pages
 Lending : Enabled





Ace Your Massachusetts DMV Written Exam: Over 250 Test Questions and Answers

Are you preparing to take the Massachusetts DMV written exam? If so, you're in luck! This article provides over 250 test questions and answers to help you...



Off Balance: Dominique Moceanu's Inspiring Memoir

A Heartfelt Account of a Champion's Journey and Advocacy In her gripping memoir, "Off Balance," former Olympic gymnast and vocal advocate...