

# Essential Long Term Survival Guide To Learn About Wild Plants And Preparing For



**Prepper's Survival Natural Medicine: Essential Long Term Survival Guide to Learn About Wild Plants and Preparing for Any Emergency with the Best Natural Medicine and Remedies** by Elisha Goldstein

★★★★★ 5 out of 5

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In the event of a long-term emergency or natural disaster, being able to identify and use wild plants can be a critical survival skill. This guide will provide you with the essential information you need to learn about wild plants and prepare for a long-term survival situation.

## Identifying Wild Plants

The first step to using wild plants for survival is to be able to identify them. There are many different ways to identify plants, including using field guides, online resources, and apps. It is important to be able to identify plants both by their physical characteristics and by their habitats.

When identifying plants, it is important to look at the following characteristics:

- Leaves
- Stems
- Flowers
- Fruits
- Roots

It is also important to consider the habitat where you found the plant. This can help you to narrow down your search and identify the plant more accurately.

### **Preparing For A Long-Term Survival Situation**

In addition to being able to identify wild plants, it is also important to be prepared for a long-term survival situation. This includes having the following supplies:

- A first-aid kit
- A water filtration system
- A fire starter
- A knife
- A map and compass
- Shelter

It is also important to have a plan for how you will communicate with others and get help if you need it.

## **Using Wild Plants For Survival**

Once you have identified and prepared for a long-term survival situation, you can begin using wild plants to meet your needs. Wild plants can be used for food, medicine, and shelter.

### **Food**

Many wild plants are edible. However, it is important to be sure that a plant is edible before you eat it. There are many poisonous plants in the wild, so it is important to be able to identify them.

If you are unsure whether or not a plant is edible, it is best to err on the side of caution and not eat it.

### **Medicine**

Wild plants can also be used to treat a variety of illnesses and injuries. However, it is important to note that wild plants should not be used as a substitute for medical care. If you are sick or injured, it is always best to seek professional medical help.

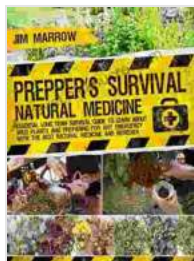
However, wild plants can be used as a supplement to medical care, or to treat minor illnesses and injuries.

### **Shelter**

Wild plants can also be used to build shelter. This can be done by using leaves, branches, and other plant materials to create a shelter that will protect you from the elements.

Being able to identify and use wild plants can be a critical survival skill. This guide has provided you with the essential information you need to learn about wild plants and prepare for a long-term survival situation.

With the information provided in this guide, you can be confident that you will be able to survive and thrive in a long-term emergency situation.



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