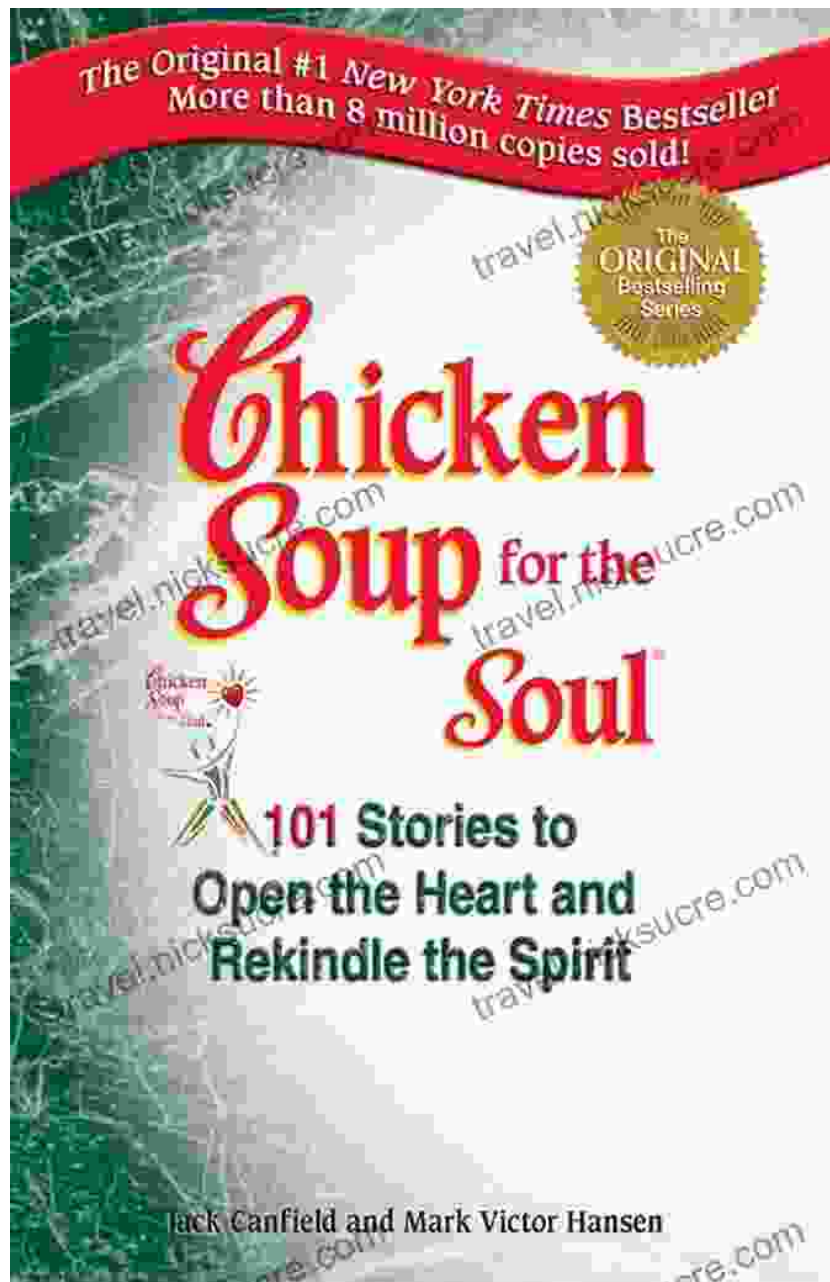


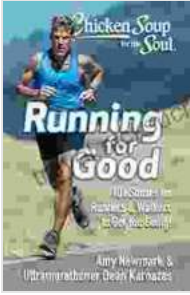
Chicken Soup for the Soul: A Journey of Inspiration, Hope, and Healing



Chicken Soup for the Soul: Running for Good: 101 Stories for Runners & Walkers to Get You Moving

by Amy Newmark

★★★★☆ 4.2 out of 5



Language	: English
File size	: 14029 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 401 pages
Screen Reader	: Supported



Chicken Soup for the Soul is a series of best-selling books that have touched the hearts of millions of readers around the world. These books offer heartwarming and inspiring stories of ordinary people facing extraordinary challenges. They are stories of love, loss, resilience, and the power of the human spirit. The Chicken Soup for the Soul series has sold over 500 million copies in 47 languages and has been translated into more than 100 countries. It has also been made into several movies and television shows.

The Origins of Chicken Soup for the Soul

Chicken Soup for the Soul was created by Jack Canfield and Mark Victor Hansen. Canfield is a motivational speaker and author, and Hansen is a former teacher and businessman. The two met in 1989 at a conference on personal development. They quickly bonded over their shared passion for helping others and decided to collaborate on a book that would inspire and uplift readers.

Canfield and Hansen spent the next two years collecting stories from friends, family, and acquaintances. They wanted to find stories that were both heartwarming and inspiring. They also wanted to find stories that

would resonate with people from all walks of life. The result was *Chicken Soup for the Soul*, which was published in 1993.

The Impact of *Chicken Soup for the Soul*

Chicken Soup for the Soul was an immediate success. Readers were drawn to the book's heartwarming stories and its message of hope and inspiration. The book quickly became a bestseller, and it has remained popular for over 30 years.

Chicken Soup for the Soul has had a profound impact on the lives of millions of readers. The book has helped people to overcome adversity, find hope in difficult times, and live more fulfilling lives. It has also inspired countless people to make a difference in the world.

The Enduring Legacy of *Chicken Soup for the Soul*

Chicken Soup for the Soul has become a cultural phenomenon. The book has been translated into over 100 languages and has sold over 500 million copies worldwide. It has also been made into several movies and television shows.

The *Chicken Soup for the Soul* series continues to inspire and uplift readers today. The books offer a reminder that we are all connected and that we can overcome any challenge if we have faith in ourselves and the power of love.

Chicken Soup for the Soul is a timeless collection of stories that offer inspiration, hope, and healing. The books have touched the hearts of millions of readers around the world and have made a lasting impact on the

world. The Chicken Soup for the Soul series is a testament to the power of the human spirit and the importance of sharing our stories with others.

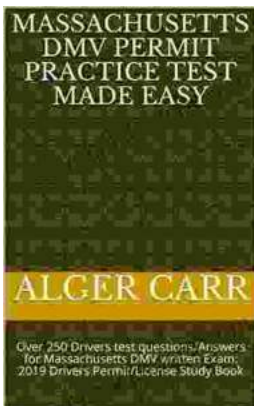


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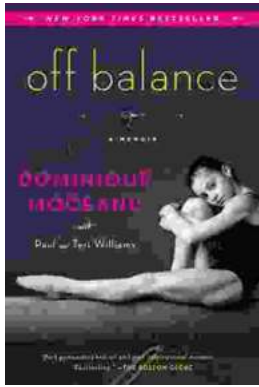
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