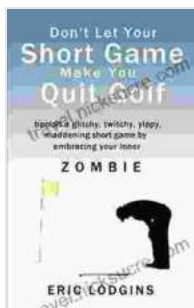


Banish Twitchy, Glitchy, Yippy, Maddening Short Game By Empowering Your Inner Zen



Are you tired of your short game being twitchy, glitchy, yippy, and maddening? If so, then you need to read this article.



Don't Let Your Short Game Make You Quit Golf: banish a twitchy, glitchy, yippy, maddening short game by empowering your inner zombie by Eric Lodgins

★★★★★ 4 out of 5

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File size : 1814 KB
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In this article, I'm going to share with you a few simple tips that will help you banish your short game woes for good.

1. Relax and breathe

The first step to banishing your short game woes is to relax and breathe. When you're tense and stressed, your muscles will tighten up and your coordination will suffer.

So, before you hit your next short game shot, take a few deep breaths and relax your body. Focus on your breathing and let your mind go blank.

2. Visualize success

Once you're relaxed, take a few moments to visualize yourself hitting a perfect short game shot. See the ball flying high and landing softly on the green.

Visualization is a powerful tool that can help you improve your confidence and focus.

3. Trust your swing

One of the biggest mistakes that golfers make is trying to overcontrol their swing. This can lead to twitchy, glitchy, yippy, and maddening shots.

Instead of trying to overcontrol your swing, trust your instincts and let your body do what it knows how to do.

4. Keep your head down

Another common mistake that golfers make is lifting their head up during their swing. This can cause you to lose your balance and hit the ball thin or fat.

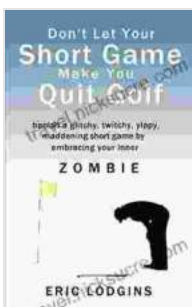
To keep your head down, focus on a spot on the ground about a foot in front of the ball. Keep your eyes on this spot throughout your swing.

5. Practice, practice, practice

The best way to improve your short game is to practice. The more you practice, the more confident and consistent you will become.

So, set aside some time each week to practice your short game. Even if it's just for 15 or 20 minutes, it will make a big difference.

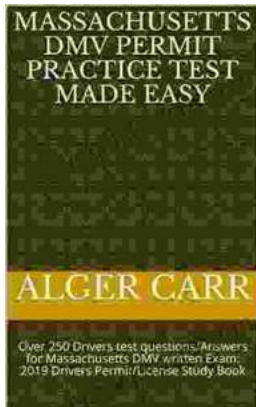
By following these five tips, you can banish your short game woes for good and start hitting the ball like a pro. So, what are you waiting for? Start practicing today!



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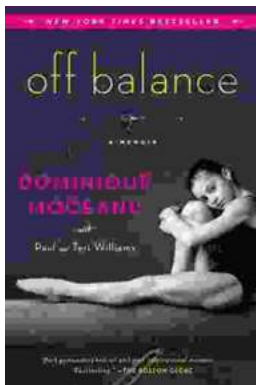
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