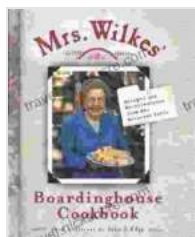


# A Culinary Journey Through Time: Delving into the Heart of Mrs. Wilkes' Boarding House Cookbook

In the charming coastal city of Savannah, Georgia, there's a culinary institution that has been tantalizing taste buds for over a century: Mrs. Wilkes' Boarding House. Renowned for its authentic Southern comfort food, the boarding house has become a beloved destination for locals and tourists alike.

At the heart of this culinary legacy lies the Mrs. Wilkes' Boarding House Cookbook, a treasure trove of recipes that have been passed down through generations and meticulously preserved.



## Mrs. Wilkes' Boardinghouse Cookbook: Recipes and Recollections from Her Savannah Table by Sema Wilkes

★★★★☆ 4.7 out of 5

Language : English  
File size : 17198 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 314 pages



## A Glimpse into History

The boarding house's origins date back to the mid-19th century when a young widow named Bertha Wilkes opened her doors to weary travellers

and sailors. With her innate culinary skills, she began serving homestyle meals that quickly gained a reputation for their warmth and authenticity.

As word of Mrs. Wilkes' exceptional cooking spread, so did the boarding house's popularity. It became a gathering place for locals, visitors, and even celebrities, all drawn by the allure of her Southern comfort food classics.

## **The Culinary Legacy**

The Mrs. Wilkes' Boarding House Cookbook is a testament to the enduring legacy of her culinary prowess. Published in 1943, the book features over 300 recipes that embody the Southern cooking tradition.

From mouthwatering fried chicken and creamy mashed potatoes to comforting stews and delectable desserts, the recipes showcase the simplicity and richness of Southern cuisine. Each dish is infused with a touch of Mrs. Wilkes' signature touch, creating a symphony of flavors that has stood the test of time.

## **Southern Comfort Classics**

At the heart of Mrs. Wilkes' cookbook are the iconic Southern comfort classics that have become synonymous with the boarding house's reputation.

- **Fried Chicken:** Crisp and golden brown, this dish is a staple on any Southern table. Mrs. Wilkes' recipe calls for a secret blend of spices and a special frying technique that results in perfectly juicy and flavorful chicken.

- **Mashed Potatoes:** Creamy and buttery, these mashed potatoes are the ultimate comfort food. Mrs. Wilkes' recipe includes a hint of cream cheese and sour cream, giving them an extra velvety texture.
- **Collard Greens:** A Southern staple, collard greens are braised in a flavorful broth until tender and savory. Mrs. Wilkes' recipe adds a touch of smoked bacon and a dash of vinegar for a hint of tang.
- **Peach Cobbler:** This classic dessert is a perfect ending to any Southern meal. Mrs. Wilkes' recipe combines juicy peaches with a sweet and buttery cobbler topping.

## **A Touch of Nostalgia**

Beyond its culinary value, the Mrs. Wilkes' Boarding House Cookbook holds a special place in the hearts of food enthusiasts and historians. It is a living testament to the enduring spirit of Southern cuisine and the timeless appeal of comfort food.

For many, cooking from the cookbook is more than just following recipes; it's a way to connect with the past and experience the warmth and hospitality that have always been at the core of Mrs. Wilkes' legacy.

## **A Culinary Pilgrimage**

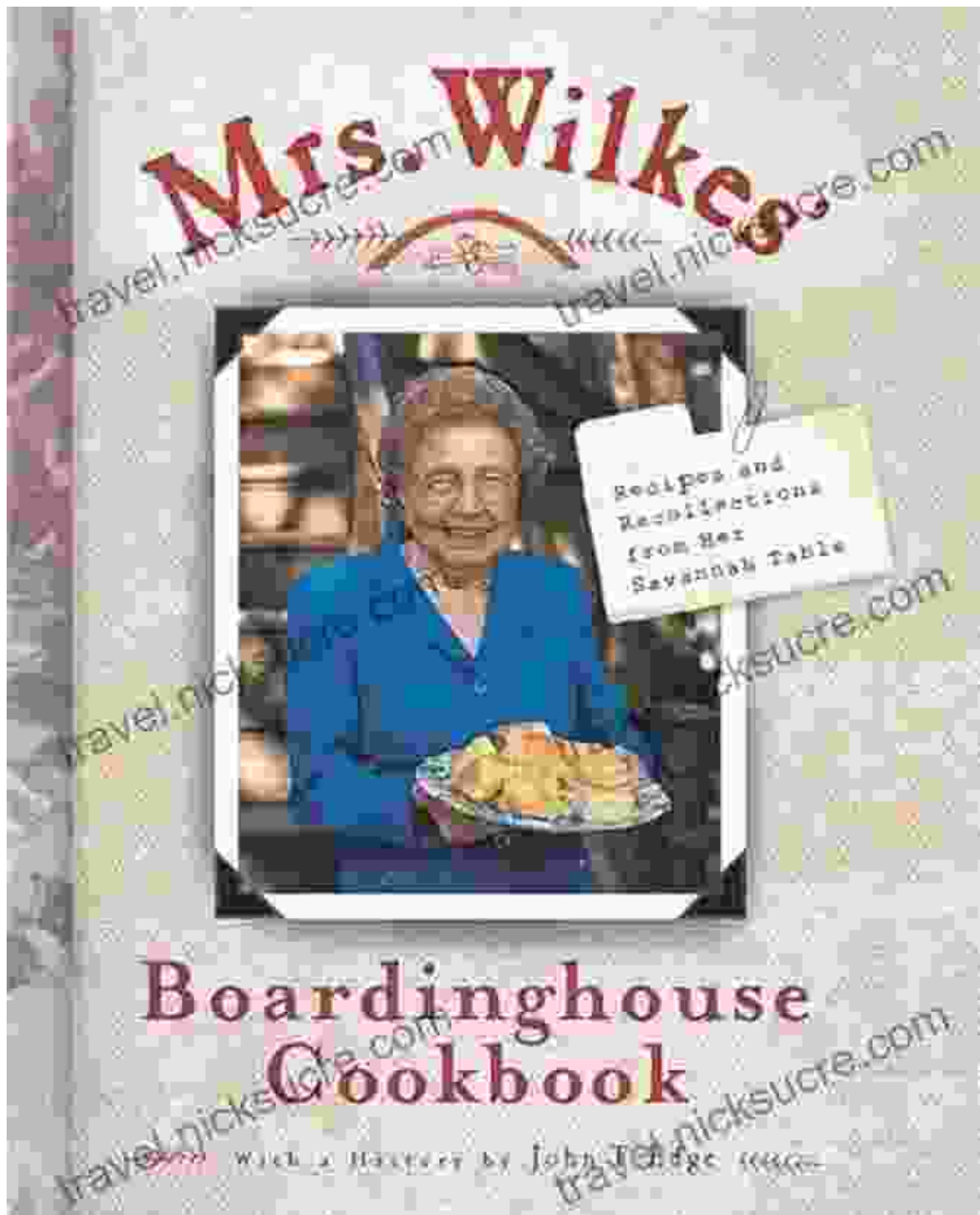
For those seeking an authentic Southern culinary experience, a visit to Mrs. Wilkes' Boarding House is an absolute must. The boarding house continues to serve its famous meals family-style, offering a taste of the rich history and vibrant flavors that have made it a culinary landmark.

As you savor each bite, you'll not only enjoy the delicious food but also feel a sense of connection to the generations of diners who have come before

you, sharing in the timeless tradition of Southern comfort food.



Mrs. Wilkes Boarding House, a beloved culinary institution in Savannah, Georgia



The Mrs. Wilkes Boarding House Cookbook, a culinary treasure trove of Southern comfort food recipes



Mrs. Wilkes' fried chicken, a crispy and golden brown delight



Mrs. Wilkes' mashed potatoes, whipped to perfection

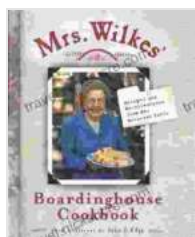


Mrs. Wilkes' collard greens, simmered in a flavorful broth





Mrs. Wilkes' peach cobbler, a taste of Southern hospitality



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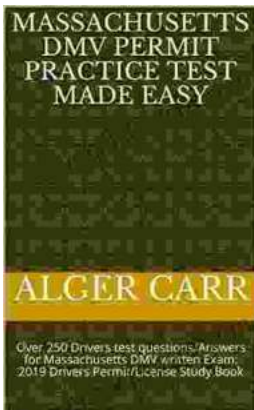
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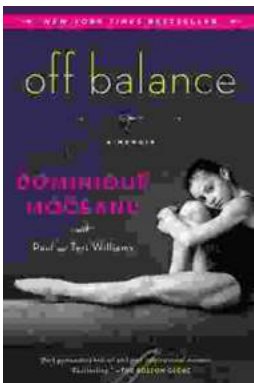
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